

Microblading Aftercare Instructions

It is essential that you follow these instructions after your Microblading session:

- Day One: You must rinse your eyebrows with clean water on every hour after the Microblading procedure and must apply the post-care cream. Apply the post-care cream with a cotton swab and use no aggressive movement and/or manipulation of the skin. Wash your hands with a disinfectant soap before washing your eyebrows and/or applying the post-care cream.
- Day Two–Twelve: You must apply the post-care cream in your eyebrows several times a day with a minimum of at least two times daily. Apply the post-care cream with a cotton swab and use no aggressive movement and/or manipulation of the skin. Make sure your hands are completely clean before caring for your eyebrows.

The following **must be avoided** during all nine days Post-Microblading procedure:

- Increased sweating
- Practicing or playing sports
- Swimming
- Hot sauna, hot bath or jacuzzi
- Sun tanning or salon tanning
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face or neck
- Picking, peeling or scratching of the micropigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning where there is a lot of airborne debris (e.g. garage or basement cleaning)
- Spicy foods
- Smoking
- Drinking alcohol in excess as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab

Before showering apply a layer of post-care cream to protect your eyebrows from moisture. During the shower keep your face away from the shower head.

Itching and flaking may appear during the first seven days post Microblading procedure, however, experience has shown that these symptoms can be reduced by following these aftercare instructions.

The healing of deeper wounds might last between 14-21 days. Touch-ups and/or correction of the shape/design is recommended only after this period.

What to expect during and after your Microblading session

Your new brows will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin and has not yet settled in completely. The colour of the pigment will soften gradually. Do not be alarmed if you see some pigment in the cotton swab as this is excess pigment and/or body fluid that is naturally exiting your skin.

Once the healing of the skin starts taking place it will look like dandruff flakes or dry skin. This might give you the impression that the colour pigment is fading too quickly, however, this is just superficial colour and dry skin being naturally removed from your eyebrows.

Once completely healed, always apply a layer of sunscreen, SPF 30 up to SPF 50, in your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade away more quickly.

You can now enjoy your beautiful new eyebrows.